CLAIMS:

What is claimed is:

1. A communications system, comprising:

a first unit including a first transceiver, a first memory and a first CPU, the first CPU operating to access data at the first transceiver and at the first memory; and

a second unit including a second transceiver, a second memory and a second CPU, the second CPU operating to access data at the second transceiver and at the second memory, wherein

the first CPU operates to transmit a request signal from the first transceiver to the second transceiver,

the second CPU responds to receiving the request signal at the second transceiver by accessing a data file at the second memory and transmitting the data file from the second transceiver to the first transceiver, and

the first CPU responds to receiving the data file at the first transceiver by storing the data file at the first memory.

- 2. A communications system, as claimed in claim 1, wherein at least one of the first unit and the second unit is included in a vehicle.
- 3. A communications system, as claimed in claim 1, wherein the data file includes MP3-formattted music, and

the first unit includes a music player.

- 4. A communications system, as claimed in claim 3, wherein at least one of the first unit and the second unit is included in a vehicle.
- 5. A communication's system, as claimed in claim 1, wherein
 the request signal includes a request list, the request list comprising an identifier for a program, and

the data file accessed by the second CPU includes data for the program identified by the identifier.

- 6. A communications system, as claimed in claim 5, wherein at least one of the first unit and the second unit is included in a vehicle, and the request list is generated by a voice-activated system.
- 7. A communications system, as claimed in claim 6, wherein the data file includes MP3-formattted music, and the first unit includes a music player.
- 8. A communications system, as claimed in claim 1, wherein the request signal is sent in a continuous mode, and

the second transceiver responds to receiving the request signal when the request signal is received at a sufficient strength.

- 9. A communications system, as claimed in claim 8, wherein at least one of the first unit and the second unit is included in a vehicle.
- 10. A communications system, as claimed in claim 9, wherein the data file includes MP3-formattted music, and the first unit includes a music player.

11. A communications system, comprising:

a first unit including a receiver, a first memory and a first CPU, the first CPU operating to access data at the receiver and at the first memory; and

a second unit including a transmitter, a second memory and a second CPU, the second CPU operating to access data at the transmitter and at the second memory, wherein the second CPU includes an agent program that generates a request signal,

the second CPU responds to the request signal by accessing a data file at the second memory and transmitting the data file from the transmitter to the receiver, and

the first CPU responds to receiving the data file at the receiver by storing the data file at the first memory.

- 12. A communications system, as claimed in claim 11, wherein at least one of the first unit and the second unit is included in a vehicle.
- 13. A communications system, as claimed in claim 11, wherein the data file includes MP3-formattted music, and the first unit includes a music player.
- 14. A communications system as claimed in claim 13, wherein at least one of the first unit and the second unit is included in a vehicle.
- 15. A communications system, as claimed in claim 11, wherein
 the request signal includes a request list, the request list comprising an identifier for a
 program, and
 the data file accessed by the second CPU includes data for the program identified by the
- 16. A communications system, as claimed in claim 15, wherein at least one of the first unit and the second unit is included in a vehicle, and the request list is generated by a voice-activated system.
- 17. A communications system, as claimed in claim 16, wherein

identifier.

the data file includes MP3-formattted music, and the first unit includes a music player.

- 18. A communications system, as claimed in claim 11, wherein the second CPU responds to the request signal when the request signal satisfies a request threshold.
- 19. A communications system, as claimed in claim 18, wherein at least one of the first unit and the second unit is included in a vehicle.
- 20. A communications system, as claimed in claim 19, wherein the data file includes MP3-formattted music, and the first unit includes a music player.
- 21. A method for communicating between a first storage unit and a second storage unit, comprising:

automatically generating a request signal based on program content;

sending the request signal from the first storage unit to the second storage unit;

accessing a data file at the second storage unit and transmitting the data file from the second storage unit to the first storage unit, the second storage unit having received the request signal; and

storing the data file at the first storage unit, the first storage unit having received the data file from the second storage unit.

- 22. A method, as claimed in claim 21, wherein at least one of the first storage unit and the second storage unit is included in a vehicle.
- 23. A method, as claimed in claim 21, wherein the data file includes MP3-formattted music, and the first storage unit includes a music player.
- 24. A method, as claimed in claim 23, wherein at least one of the first storage unit and the second storage unit is included in a vehicle.
- 25. A method, as claimed in claim 21, wherein the request signal includes a request list, the request list comprising an identifier for a program, and

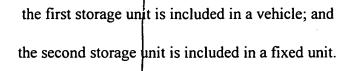
the data file accessed by the second storage unit includes data for the program identified by the identifier.

26. A method, as claimed in claim 25, wherein

at least one of the first storage unit and the second storage unit is included in a vehicle, and the request list is generated by a voice-activated system.

- 27. A method, as claimed in claim 26, wherein the data file includes MP3-formattted music, and the first storage unit includes a music player.
- 28. A method, as claimed in claim 21, wherein the request signal is sent in a continuous mode, and the second storage unit responds to receiving the request signal when the request signal is received at a sufficient strength.
- 29. A method, as claimed in claim 28, wherein at least one of the first storage unit and the second storage unit is included in a vehicle.
- 30. A method, as claimed in claim 29, wherein the data file includes MP3-formattted music, and the first storage unit includes a music player.
- 31. A method, as claimed in claim 28, wherein

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- 32. A method, as claimed in claim 31, wherein the data file includes MP3-formattted music, and the first storage unit includes a music player.
- A method, as claimed in claim 32, wherein the fixed unit is a dwelling unit. 33.
- A method, as claimed in claim 32, wherein the fixed unit is a commercial unit. 34.

